



Cowan Recreation Centre

Project Update

October 2025

Multiplex Construction Canada is delivering this project for the City Of Kitchener to bring a brand-new indoor recreation complex to RBJ Schlegel Park.

ABOUT THE PROJECT

Construction Manager:
Multiplex

Architect:
Unity Design Studios

Owner:
The City Of Kitchener

Cowan Recreation Centre is a 220,000 square foot mixed-use recreational complex that will be located on 1664 Huron Road, Kitchener, Ontario. Construction started in early 2024 and will be complete in 2026.

MULTIPLY



PROJECT OVERVIEW

- Cowan Recreation Centre is an Integrated Project Delivery (IPD) contract to deliver this recreation complex to the City of Kitchener.
- The facility will include many different amenities, all of which are planned and designed to support a greater diversity of sports and physical activities in the community.
- The following amenities are included in the initial plan:
 - (1) a FIFA-sized indoor turf fieldhouse that can be used for soccer, cricket, lacrosse and more.
 - (2) an indoor pool area that includes both a leisure pool and a lane pool.
 - (3) viewing galleries for the pool area.
 - (4) an indoor walking track around the perimeter of the indoor turf facility.
 - (5) two indoor cricket practice nets.
 - (6) multipurpose rooms for community events, parties and other rentals.
 - (7) quad gymnasium.
- The complex will be Kitchener’s first net-zero carbon building and one of the most sustainable recreation facilities in Canada.
- The project is pursuing certification under the Canada Green Building Council Zero Carbon Building Standard v3 – Design (ZCB – Design), which is the highest level of certification for zero carbon building standards in Canada.
- The plans for the complex include a geothermal heating and cooling system, as well as the city’s largest array of solar panels. These features will reduce 43 tonnes of carbon annually and save the city close to \$190,000 in utility costs every year.
- The building is over 220,000 square feet with a project budget of \$174 million.



PLEASE NOTE

There will be noise, dust and vibration associated with the construction of this project. Multiplex has a comprehensive control plan in place to mitigate the impact of construction on the community and will ensure all work is within acceptable levels and meets the requirements of all applicable by-laws.

Built to outperform.



Sep 2, 2025 at 11:24:08 AM
1955 Fischer-Hallman Rd
Kitchener ON N0B 2E0
Canada

Pictured: Cowan Recreation Centre progress update as of October 1st, 2025.

UPCOMING ACTIVITIES **October - December 2025**

Our upcoming construction activities are:

Aquatic Centre:

- Pool slab-on-grade to be completed.
- Pool ceiling framing commence.
- Mechanical and electrical works ongoing

Atrium:

- Mechanical & electrical works commence.
- Curtain wall installation to commence.
- **Lobby Feature Stair Installation.**

Gym:

- CLT Commenced/completed

Field House:

- Interior paint commence.
- Firespray to be completed.
- Mechanical and electrical works commence.
- Roof access stairs installation.

Exterior:

- Curbs and Base Layer of Asphalt.
- North Car Park Landscaping work.

PROJECT HIGHLIGHT

We are proud to announce the successful completion of the Cross-Laminated Timber (CLT) installation on the base build as of the end of August 2025. The CLT panels, manufactured by Element 5, were crafted using Spruce-Pine-Fir sourced from Northern Ontario. The installation was expertly carried out by Kinsol Timber Solutions with the support of Carpenters Union Local 785.



WORKING HOURS

Our standard working hours are **Monday to Sunday** from **7am to 7pm**, in accordance with the Kitchener Municipal Code Chapter 450.6.1 – Noise. If we need to carry work outside of standard construction hours, we will notify you in advance.

CONTACT US

If you have an enquiry or feedback, we would like to hear from you. Please contact the Multiplex Project Team at:

Email: communityca@multiplex.global